

Downham Nursery School

Promoting health and hygiene

General Welfare Requirement: Safeguarding and promoting Children's welfare.

The provider must promote the good health of the children, take necessary steps to prevent the spread of infection, and take appropriate action when they are ill.

1.26 Sun Protection Policy

Policy statement

At Downham Nursery school we want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this through education and by providing sun protection.

Procedures

Education

- All pupils will have at least one Sun Awareness lesson per year.
- At the start of the Summer term, a circle-time will be – 'How to be Sun safe'.
- Parents and guardians will be sent a letter explaining what the school is doing about sun protection and how they can help, at the beginning of the summer term.

Shade:

- Outdoor games are sited in shady places and all ball games etc can be moved into the shade.
- Children will be reminded to play in the shade during outdoor play.

Clothing

- When they are outside, children without hats will only be allowed to play under the shaded areas.
- Nursery staff will always wear hats in the sun, to set the children a good example.
- No vest tops to be worn, all tops must have short or long sleeves, please ensure that your child's shoulders are covered and you have applied sunscreen before your child attends nursery.
- Children to wear sensible sandals or trainers (not Crocs or flip-flops) during the summer term. This is to enable them to play safely on the climbing equipment.

Sunscreen

- Parents and guardians will be asked to ensure that their children are protected by a high factor (30 or higher), 12 hour sunscreen each day before they arrive at school, and are protected by appropriate clothing as mentioned above.
- Parents with a child in the Baby Unit may bring a small, named sunscreen to nursery, for staff to re-apply if necessary.

Pupils are encouraged to drink plenty of water.

- Jugs of water and cups child's water bottle are always available to nursery children, indoors and outdoors.
- Jugs of water are provided at lunch times. The children are reminded to drink at regular intervals, especially after physical exercise.

Further guidance

- Sun Smart: www.cancerresearch.uk

This policy was adopted at a meeting of

Held on

Date to be reviewed

Signed on behalf of the management
committee PP

Name of signatory

Role of signatory (e.g. chair/owner)

Downham Nursery School

July 2024

July 2025

name of setting

(date)

(date)

E. J. Laffeaty- Sharpe

Proprietor/Principal